DEFINE YOUR CORE IDENTITY BLUEPRINT
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Let's Talk About Your Core Identity

You’ve done the searching, the looking, the healing and now you are ready to step up. To start your new adventure by helping others through the process.

You’ve might have even gone further and defined your market, your potential audience i.e the people that you want to work with and for.

Yet, you still hear hear crickets whenever you put your offers out there.

“Why is that?!”
You think to yourself;

Frustrated!

You know that you have a good thing going. An honourable intention of helping people and making a difference in this world... yet, your Pay Pal account tells a different story.

Let’s go back to the very basics.
“To know where one is going, one must know where they come from first.”
You see in order to gain the KNOW, LIKE and TRUST factor which is crucial if people are going to work with you, they need to know & understand YOU as a person.

They need to know and hear what you are about i.e. you CORE IDENTITY is so that when the time comes, you are the only person they can think to work with because you are EXACTLY what they need.

You are an embodiment of your CORE IDENTITY MESSAGE. YOU simply need to understand what it is.
I invite to carve out some time to go through this exercise...

Grab water, light a candle or burn some essences, a pen, some paper or a pretty notebook to write in (or record them in whatever format you are comfortable with; audio, video, by hand)

Set an intention to connect to your higher self (simply by expressing your wish to do so, while sitting in silence with your eyes closed). Then, jot down what comes through.
WHO are you?

Dig within and journal your answers.

Who are you truly at your CORE?
WHAT do you believe in?

Dig within and journal your answers.

What came through?

N.B it could be images, feelings, colours, memories, shapes etc.,

Trust in the process
WHAT do you take a stance on?

Dig within and journal your answers.

What are you PASSIONATE about?
WHAT do you take a stance against?

Dig within and journal your answers.

What would you speak against in a rally?
WHAT moves your SOUL?

Dig within and journal your answers.

What Feelings/Emotions come when that happens?
WHAT do you want to shout from the rooftops or top of the mountain?

Dig within and journal your answers.

What's your HEART SONG?
WHAT do you want the world to know about you, that it doesn’t?

Dig within and journal your answers.

What do you wish people would recognise about you?
WHAT would you like to have written on your tombstone?

Dig within and journal your answers.

What NEEDS to be expressed by you before you depart this planet?
List the times of your LIFE when you were at your HAPPIEST.

It might help to explore the following:

- What were you doing?
- Who were you with?
- Where were you?
- What other factors contributed to the specialness of the moment?
When were you most PROUD?

Identify and use examples from both your personal and career history.

- Why were you proud?
- Who shared your feeling of pride with you?
- What other factors contributed to your sense of pride?
When were you at your most FULFILLED?

-What needs or desires were most fulfilled at that point?

-What gave your experience this meaning?

- What other factors contributed to your sense of pride?
Thank you for showing up and taking the next step in identifying your Core Identity.
The world needs You and your uniqueness!
For more support and guidance on this path of self-discovery, you can connect with me.
I would be honored to take that path with you and journey with you. You don’t have to do it alone.
To help you bridge that gap within yourself and feel solid in your true identity
In the knowing of ourselves come the ultimate freedom.

You are worthy of this freedom and the inner knowing of self.
Book a FREE Resonance Call today and let's dig even deeper in who you are. Everyday is a good day toward Freedom.

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